MY PRACTICE GOALS

WEEK: _____

DAY 1

Goal #1:

Goal #2:

Goal #3:

DAY 2

Goal #1:

Goal #2:

Goal #3:

DAY 3

Goal #1:

Goal #2:

Goal #3:

DAY 4

Goal #1:

Goal #2:

Goal #3:

DAY 5

Goal #1:

Goal #2:

Goal #3: